



A Publication of the Center for Student Engagement & Leadership Development

Summer 2011

WELCOME

College is more than attending classes. Saint Francis University is more than a place to park your car each day. It is a community of individuals with different lifestyles, various needs, and many ideas.

YOU are a member of this community.

As a commuter, your college experience is different from that of a resident student. Many of you have just graduated from high school and continue to have part time jobs or other responsibilities at home. Some of you are non-traditional students with families and/or full time employment. This does not mean that you are excluded from the experiences that other college students participate in and enjoy.

This newsletter serves as an introduction to the many services Saint Francis University, its departments and organizations, and its members, have to offer. It also serves as your opportunity to get involved to make Saint Francis University an even better community.

If you would like to comment on improving this newsletter or are looking for a way to get involved, feel free to contact the Center for Student Engagement & Leadership Development in the upper level of the John F. Kennedy Center or call ext. 3005. We look forward to hearing from you.

Sincerely,

Dom

Dom Peruso
Associate Dean of Student Life

COMMUTER SPACES JOHN F. KENNEDY UNIVERSITY CENTER

Students frequent the JFK Center to study, relax, enjoy recreational opportunities and have easy access to food options, making the JFK Center an attractive space for many commuter students who spend their time in JFK when they are not in class.

The major focus of the Student Center is to provide all members of the University community with a variety of services and programs to enhance life here at the University.

The [Center for Student Engagement & Leadership Development](#) - (upper level) is the fundamental source of information concerning Student Activities and the JFK Student Center. Services include: advising student organizations; leadership development; scheduling facility usage and SAO vehicles; university calendar of events; program planning; Greek life and New Student Orientation

[Frankie's](#) (lower level) offers food and recreation options for the SFU community and visitors to the campus. Frankie's eatery offers daily entree specials, made-to-order sandwiches, soups, salads, fast food options, and pizza. The lounge area contains a large screen cable TV, two plasma TVs, and a pool table, as well as a stage where anyone from comedians to students perform. Students who wish to play pool or video games can pick up the equipment at the JFK Info Desk. Play is free with an SFU ID card.

Located in the upper level is the [JFK Lounge](#). The Lounge offers everyone an area to relax, study, and just "hang out" in the company of friends. A variety of events take place here throughout the year, including dances, speakers, and

meetings. Located in the front lobby adjacent to the Lounge is the [Information Desk](#). Staffed with SFU students, the Info Desk can provide information on just about everything, ranging from local attractions to on-campus events. It's also the place to sign out video gaming equipment and when cold weather returns, ice skates to use at the ice rink.

The JFK Center has additional programming space in the air-conditioned [Auditorium](#) where movies, concerts, speakers, plays, and talent shows can all be found here throughout the year at little or no cost.

There are also two meeting rooms in the lower level of the JFK Center: the [Conference Room](#) and [Greek Community Room](#) are adjacent to Frankie's. Scheduling of all spaces in the JFK Center is done through the Center for Student Engagement & Leadership Development.

STOKES CENTER

The Stokes Athletics Center offers a great number of things to do. Located within Stokes are racquetball courts, a swimming pool, a weight room, basketball courts, and much more. Stokes is open to all students with a valid student ID during limited hours. Check the schedule for free gym time and intramurals

.PADUA HALL

The hub of the classroom buildings is Padua Hall. Commuting students will find several comfortable lounge areas in the upper level of Padua to relax and study between classes. Booths in the lower level offer another alternative and the area near the Padua Cafe has both indoor and outdoor seating areas and vending machines. Rental lockers are located nearby.

GENERAL INFORMATION

VEHICLE PARKING AND REGISTRATION



All students using a motor vehicle on campus are required to have their car registered with the University Police Department, located in Raymond Hall. Police officers are available to review designated parking areas and the proper way to display your permit. Register on-line for your permit and pick it up at the University Police office at the beginning of the semester. Watch for an email announcing when you can begin registration.

PHOTO ID CARDS

All Saint Francis University students, faculty and staff are required to carry a photo ID card while on campus. Lost, damaged, or stolen cards can be replaced at a cost of \$10.00 each. New students will receive ID cards at Check-In and thereafter your card will be updated or replaced as needed.

The University Police Department, located in Raymond Hall, issues the ID cards at the beginning of your first semester at SFU. Arrangements for replacement cards may be made by contacting University Police at Ext. 3360.

Your ID card must be presented for meals (resident students and those commuters who have purchased a meal plan or who use the debit card), for admission to all student activities, to charge Library materials, and to use the facilities in Stokes.

COPIERS/PRINTERS

Copiers that require the use of a Vendacard are available in the library. Stop by the Circulation Desk to pick up your Vendacard.

Printers are available for student use in the Pasquerilla Library, JFK Info Desk and the computer lab in Scotus Hall.

PRINTERS

Printers are available for student use at the JFK Information Desk, the Pasquerilla Library, and the Computer Lab located in Scotus Hall 107. Consult the Student Technology Handbook for information about accessing printers as well as any other laptop information.

RENTAL LOCKERS

Tired of living out of your car?

Rental lockers are located on the first floor of Padua Hall. First time renters pay \$12.50 the first semester (this includes a refundable \$5.00 lock deposit) and \$7.50 per semester for any semester you wish to rent a locker.



The lockers provide adequate storage space for books and outer-wear. The university, however, is not liable for any loss, theft, or damage to any belongings in the locker.

Quantities are limited, and availability is prioritized by commuters, off-campus, then, resident students. After the first week of classes, lockers will be distributed on a first-come, first-served basis.

For more information, please contact the Office of Student Development in 232 Padua Hall or call ext. 3002.

MONEY

There is a First National Bank ATM machine located in the lower level of JFK next to the bookstore. It is accessible during regular JFK hours.

Personal checks (not to exceed \$100.00) can be cashed with a student ID card during window hours at the Business Office in Scotus Hall.

PHONES

For on-campus calling there are phones outside each of the residence halls, at the library entrance, in the lower level



of JFK near Frankie's, and at the Information Desk in the JFK Lounge. An on-campus courtesy phone is also located in the upstairs lounge in Padua Hall.

To contact University Police ONLY, there are phones outside the police office, outside the JFK Center on the upper level patio, and outside the Stokes Athletics Center that automatically connect to the University Police office or a University Police officer.

PHONE NUMBERS

John F. Kennedy Center

Administrative Offices	3005
Bookstore	3053
Frankie's	3235/3239
Information Desk	3036
Mail Services	3032
SGA	3039
SAO	3037
Organization office	3038

DiSepio Wellness Center 3923

Student Health Center	3008
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Pasquerilla Library

Circulation Desk	3160
Reference	3161
Univ. Police	3360
Stokes Info	4009
Torvian	3016
Menu Line	3237

From off campus, dial 472- plus the listed extension; on-campus, simply dial the four-digit extension.

Phone numbers are available on the University Web site.

FACILITIES HOURS



Hours for the various offices and facilities on campus can be found on the University Web site or by contacting the facilities themselves.

STUDENT MAILBOXES

Commuter students are not assigned a **campus mailbox** in Mail Services, located in the lower level of the JFK Student Center. Commuters may request a mailbox from the postmaster in the mail room. The benefits of having an on-campus mailbox are numerous, including being able to receive notices concerning

activities and meetings occurring on campus, as well as becoming more accessible to the rest of the university community. If you do not wish to have a mailbox, please be certain that faculty and your work study supervisor



know that you do not have one; this will prevent any delay in receiving extra mailings normally mailed to your campus mailbox.

Postage stamps may be purchased at the Mail Services window.

FOOD

There are several options for hungry students:



Frankie's- Located in the lower level of JFK, Frankie's provides both snacks and meals.

Torvian- Commuter students may purchase a dining plan with similar options as that of resident students.

\$100 + \$10 Bonus Dollars - you pay \$100.00 (\$110 Value)
\$300 + \$45 Bonus Dollars - you pay only \$300 (\$345 Value)
\$500 + \$100 Bonus Dollars - you pay only \$500 (\$600 Value)

The higher the purchase, the greater the value. These plans offer the St. Francis commuter student a variety of choices that accommodates their needs. Students as well as faculty and staff have the option of using their ID card as a debit card. Simply go to the Business Office and tell the clerk you are interested in applying money to your card. The card can then be swiped in Frankie's, Cafe Gubbio, the Padua Cafe, or Torvian (a discounted price is offered as incentive to take advantage of the debit card) and the cash value deducted from your card. This is convenient for purchasing meals and snacks without the hassle and worry of carrying cash. The balance will appear each time a purchase is made. Declining Balance Dollars may be purchased in any increments you desire. Contact Dining Services (Ext. 3016) or the Business Office (ext. 3006) for information.

Meals may also be purchased on a day-to-day basis by those students not

on a dining plan.

Vending Machines- Located in lower level of the JFK Center and Padua Hall near the Padua Cafe. Soda and snacks are available.

The **Padua Cafe** is located in Padua Hall on the first floor rear entrance. Sandwiches, soup, pizza, and snacks are available.

Cafe Gubbio - Located in the lower level of St. Francis Hall, Cafe Gubbio offers Starbucks coffee, fruit smoothies, pastries and baked goods, salads and specialty sandwiches.

CAMPUS EMPLOYMENT

Commuter students who qualify may apply for campus employment through the work study program. Check the virtual job fair site on the local web for job listings or visit the Financial Aid Department in Padua Hall for more information.

STUDENT WELLNESS

The Counseling Center, Student Health Center, and the DiSepio Institute, as well as Campus Ministry seek to support personal development by providing a comprehensive and integrated range of wellness services.

The Student Health Center is located on the first floor of the DiSepio Wellness Center. Services are available to all students, provided your medical history and immunization records are on file. If you become ill, report to the center.

The Counseling Center, located in Saint Francis Hall, provides confidential therapeutic services to the University community. Consultation and crisis intervention services are available on a 24-hour basis. Programming on relevant issues is provided including stress management and relaxation training, sexuality, eating disorders, dating, substance abuse and family issues. Resource information on mental health issues, chemical dependency, and health and wellness is available at the Center and is provided to students upon request.

The DiSepio Institute for Rural Health and Wellness operates from their offices in the DiSepio Institute. The Institute promotes health and wellness

as part of the University's mission of academic excellence and achievement combined with community service for both the campus community and community-at-large, especially the underserved. They offer a wide array of wellness opportunities and classes. Centers in the Institute include Student Health Services, the DiSepio Center for Rehabilitation, Human Performance Lab, Fitness Center, Spiritual Wellness Center, and Scharpf Family Conference Center.

Please visit the web pages of the Counseling Center, Student Health Center and the DiSepio Institute to get more information on how to access services.

Campus Ministry, located in Francis Hall, strives to meet the spiritual and pastoral needs of the University community through numerous programs offered throughout the year. Visit the Campus Ministry website for a list of spiritual wellness opportunities.

BOOKSTORE

The Saint Francis University Bookstore is located in the lower level of the JFK Center. The Bookstore sells all textbooks, paper, notebooks, greeting cards, gift items, batteries, laptop accessories, film and SFU clothing. Besides regular hours, additional hours will be posted for the purchase of textbooks during the first week of each new semester.



Interested in becoming a Student Government Association Senator?

SGA has two commuter positions available on Senate.

If you are interested in becoming a Student Leader, contact Dani Maher-Fry, Assistant Director, in the Center for Student Engagement & Leadership Development.

STAYING INFORMED

All University students, including commuters, should take full advantage of your college experience by staying informed and getting involved on campus. Here's are some suggestions to keep you in tune with what's happening on campus:

- **Start** your college experience at the Student Involvement Fair to find out about all the clubs and organizations on campus and how you can get involved.
- **Check** your SFU email daily. The primary source of communicating what is happening at SFU is via email. Your professors will also communicate via your SFU email account.
- **Read** - your emails, the SAO calendar, banners, posters, signs, the student newspaper *Troubadour*, and any other source of information about activities, programs, and all other happenings at SFU.
- **Participate** in extra-curricular activities. There are over 60 recognized clubs, organizations, fraternities, and sororities. A complete list is available in the Center for Student Engagement & Leadership Development in the upper level of the JFK Center.
- **Attend** campus events (formal and informal) including club and organization events, CES programs, athletics events, play video games or pool, join an intramural team, play racquetball, swim.
- **Meet** other students in your classes, especially resident students, at Torvian or Frankie's, in lounges and recreation areas. Consider getting on a meal plan.
- **Study** at the Pasquerilla Library, the JFK Lounge and form a study group.
- **Contact** other commuters to share rides, information and friendship.

EMERGENCIES AT HOME

If there is an emergency at home, family members should **contact the Office of Student Development at (814) 472-3002** in



order to get in touch with the student. Please provide family members with the phone number for this office. Also, the

student can have this office call his/her home in case of an emergency at school. It is very important that students go to the Office of Student Development station during Check-In to provide contact information in case of an emergency.

BAD WEATHER POLICY



The decision to cancel or delay classes will be made only under extraordinary circumstances. Predictions or announcements of travelers'

advisories do not mean that classes will be canceled or delayed. Students, faculty and staff are encouraged to take prudent precautions and exercise extreme care when highways become hazardous.

If the President decides to cancel or delay the start of classes due to impossible highway conditions, the Director of Marketing and Public Affairs will inform area radio and television stations. Whenever possible, class cancellations or delays will begin at 7:00 a.m.

Announcements of cancellations or delays will be broadcast over local radio stations, plus the following television stations:



Altoona
WTAJ TV 10
(CBS)

Johnstown
WJAC TV 6
(NBC)

WWCP/
WATM 8/23
(FOX)

The University hotline will also have information concerning cancellations or delays. Call the switchboard at (814) 472-3000. Students should also check their campus email for updates.

The cancellation of classes will apply to all on-campus courses and off-campus internships in the immediate area. Cancellation of evening classes by Continuing Education and the Graduate School of Industrial Relations will be handled in separate announcements. Individual members of the faculty and staff are not permitted to cancel any classes without the expressed consent of the President.

If highway conditions are likely to improve, the President may delay the start of classes rather than cancel.

If a two-hour delay is announced, classes will begin the third period at 10:00 a.m. on Monday, Wednesday and Friday and the third period at 11:00 a.m. on Tuesday and Thursday.

Join the organization
created for
commuting students!

**Commuter
Connection**

Contact the Center
for Student Engage-
ment & Leadership
Development for more
information.